

Action stations

Demonstrate these actions and use the illustrations as symbols for exercise stations



Action stations

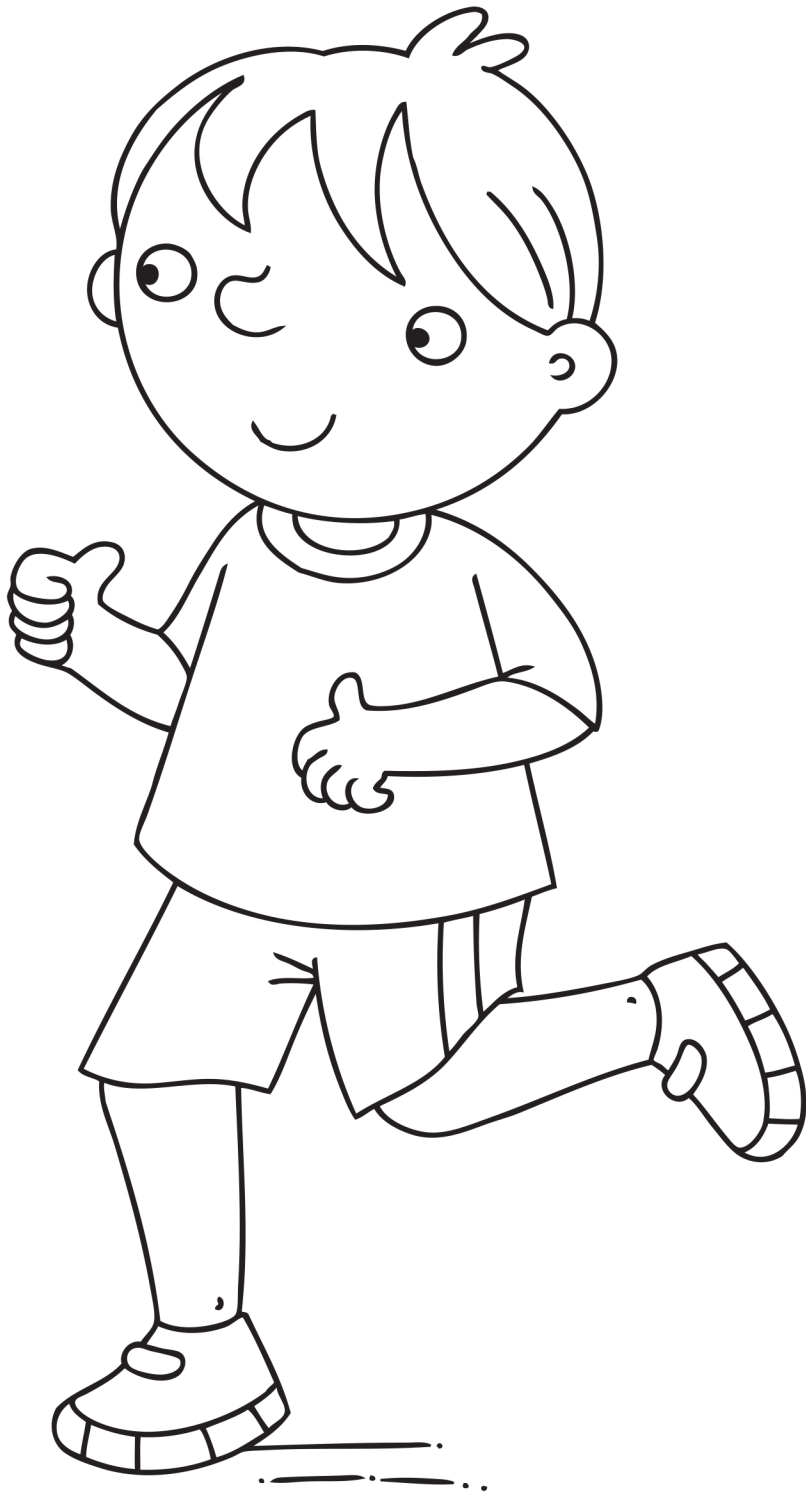
Demonstrate these actions and use the illustrations as symbols for exercise stations



jump

Action stations

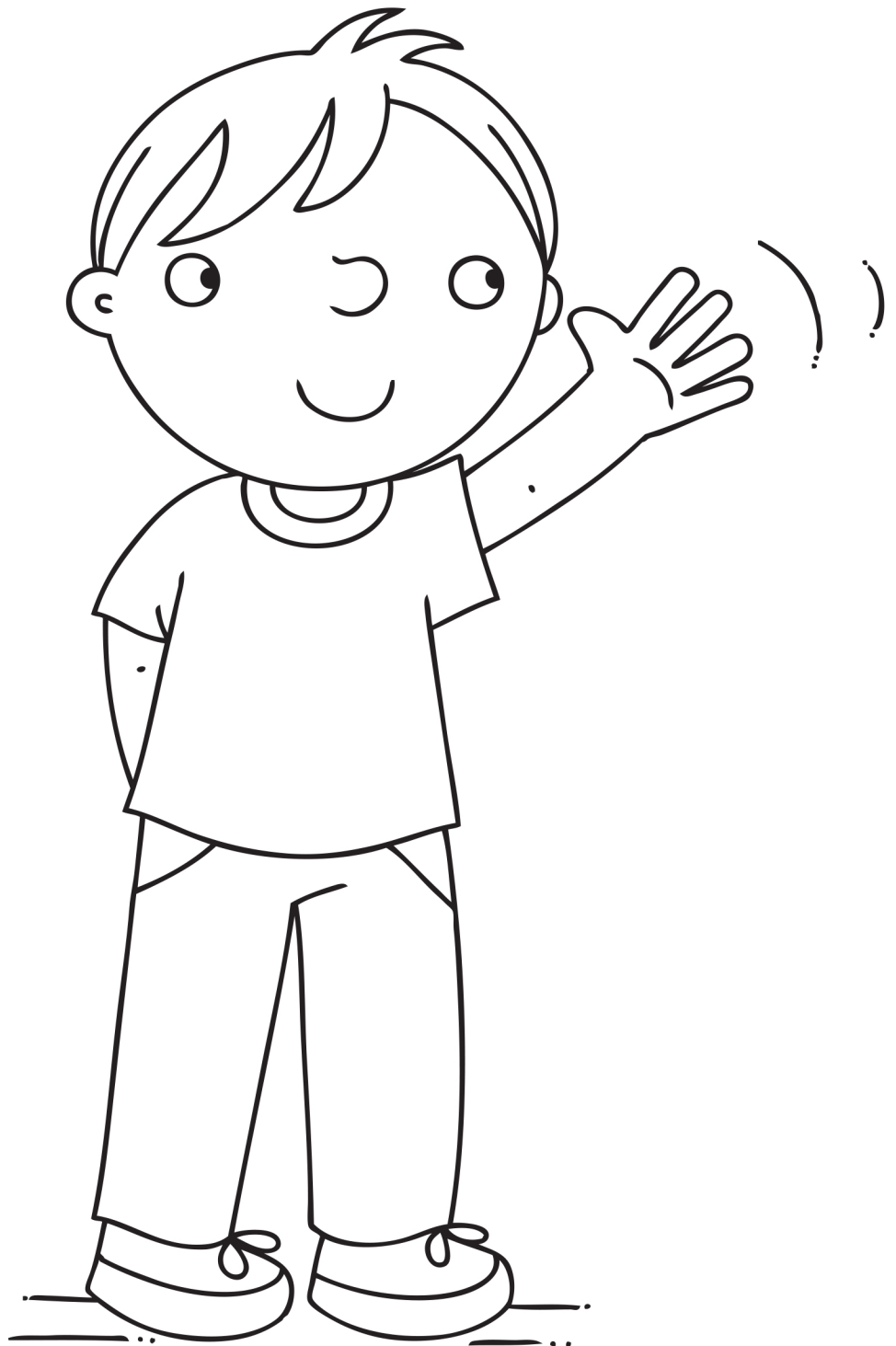
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run

Action stations

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wave