

ONLINE EXTRAS!

Check out our exclusive Pudsey's Puzzles interactive games for your class to play.



In aid of
BBC

Children in Need

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Pudsey needs YOU!



Discover some record-breaking activity ideas to help raise money for BBC Children in Need 2009

On Friday 20 November, BBC Children in Need will hold their now famous Appeal Day, with an extravaganza of events taking place nationwide to help raise money for disadvantaged children and young people across the UK. Although BBC Children in Need is a busy charity all year round,

their Appeal Day is by far one of the most fun-spirited national events of its kind – a perfect excuse to cast aside your inhibitions and raise much-needed funds. This year, BBC Children in Need's theme is 'Do Something Different'. There are lots of fantastic school resources available for you to download on the BBC Children in Need website (bbc.co.uk/pudsey) including lesson plans, assembly ideas,

posters, games, stickers, and lots more. You can also find out how last year's Appeal money has been spent – a great incentive for your class to raise even more pennies this year! Fundraising for BBC Children in Need can be as big or small an effort as you like. Remember every penny counts! Be sure to check out fundraising ideas provided at bbc.co.uk/pudsey/fundraising



Record-breaking fundraising!

Why not add to the excitement of fundraising by challenging the children in your school to become world record breakers as a way of fundraising for Pudsey? Guinness World Records Day also held in November (on 12 November) provides the perfect excuse to 'Do Something Different' and be in with a chance of getting your school mentioned in the famous *Guinness World Records*! Whatever wacky, wild or wonderful record-breaking events and challenges you come up with, just ask willing participants for a small donation towards Pudsey's cause in order to take part.

Organising an official Guinness World Record attempt is a great way for your school to raise awareness of a charity such as BBC Children in Need, while involving children in a fun activity that promotes teamwork and celebrates achievement. Applying for a

record is straightforward – see terms and conditions at www.scholastic.co.uk/childedplus or visit www.guinnessworldrecords.com For more inspiration on record-breaking activities, check out *Guinness World Records 2010* edition (£20, HB), available to buy now.

Ideas for your school

We've asked our friends at Guinness World Records to suggest some record-breaking ideas that are ideal for school settings (see right). These are just some suggestions – of course, you can always submit an idea for a new record should you find your pupils have a particular talent for something. We've also suggested how these ideas could link to the curriculum, so as well as the chance to get yourselves in the *Guinness World Records*, they'll be lots of learning taking place, too.

1 Most recycled material in a work of art

In order to attempt breaking this arty record, you'll first have to decide what material you will use in your challenge. Talk to the children about the kinds of materials that can be recycled – paper, glass, plastic, cardboard, and so on. How many of the children help their family recycle at home? What about in school – do you have any recycling bins? Talk about the qualities of each of these materials. Are they decorative? Pliable? Good for structure? Depending on what material you and the children can most easily get hold of, challenge them to create a work of art using that one material. You could create something that ties in with a favourite topic or local artist, or recreate your school emblem. Remember, you will need a large open space to attempt your record-breaking piece of art.

Current record: By May 2003, *Gilberto Macías Enríquez of Nuevo León, Mexico, constructed a model of the Vatican made entirely from 21,313 button-shaped batteries. The title of the record is 'Most batteries in a work of art'. As yet, there isn't a record for plastic bags or bottles.*

NEW RECORD IDEA!



2 Largest structure made of lunchboxes

To be in with a chance of breaking this record, you'll need to choose what type of lunchbox you will use, such as Tupperware or empty ice-cream tubs. As a whole class, talk about the properties of the chosen type of lunchbox. What shape is it? Is it rigid or flexible? How does its lid affect its shape? Discuss large structures that the children are already familiar with, such as bridges, towers and skyscrapers. Look at images of structures or better still, the real thing. Children could also explore other types of buildings, from churches to pyramids, as well as modes of transport.

Encourage the children to make sketches of these structures to help plan their own giant structure for the record attempt. As a class, decide on what structure the children feel will best suit the properties of the chosen type of lunchbox. Remember, you will need a large open space, too.

NEW RECORD IDEA!



3 Largest muffin

Another new record category to attempt – this scrumptious challenge would involve making a muffin at least ten times the size of a regular muffin. You could begin by talking about muffins as a whole class, exploring where the main ingredients (eggs, milk, flour and sugar) come from and what food groups these fit in to. Talk about the need for a balanced diet, and, if possible, provide small samples of sweet and savoury muffins for the children to taste (note: check for dietary requirements). There are plenty of simple muffin recipes available on cooking websites that are suitable to make in schools. Help children to follow the step-by-step recipes, discussing weights and measures. Talk about how to increase the ingredient amounts in order to make a muffin ten times that of an average muffin. Decide on the recipe for your record-breaking muffin and enlist the help of your school cooks or a local bakery to help with the baking.

4 Fastest 100m egg and spoon race/Fastest 100m sack race

Although records for 'Fastest mile' egg and spoon race, and sack race already exist, your school could attempt to set a new record for the races over 100 metres – far more achievable for primary-aged children! This would make a fun PE activity, and weather permitting, a fun way to encourage children to get active in the great outdoors. Talk to the children about the need for regular exercise, and the effect this has on keeping our bodies and minds healthy. You could also extend this message to school staff, helpers, parents and carers, and challenge them to enter the race, too.

Current record: *The fastest time to run a mile while balancing an egg on a spoon is 7 min 8 sec by Ashrita Furman (USA) at the Roy Wilkins Park track in Jamaica, New York, USA, on 27 April 2007.*

The record for the largest egg and spoon race was achieved by 1308 students in an event organised by Record Breaking Singapore at the Singapore Polytechnic, Singapore, on 27 July 2008.

More ideas!

- **Furthest distance blowing a Malteser using a straw:** A choctastic challenge suitable for all children. (Current record: The furthest distance blowing a Malteser with a straw is 7.36m (24ft 2in) achieved by David Moore in Ireland.)
- **Most litter picked in one hour (broken down according to material):** An eco-friendly challenge.
- **Fastest time to put 100 baubles on a Christmas tree:** You could host this challenge nearer Christmas – remember, BBC Children in Need fundraise all year round. ■