

Use this action rhyme with ten children standing in a line

One, two, three, four
Eat an apple to the core.

Count four children who
mime eating an apple.

Five, six, seven, eight
Eat the carrots on your plate.

Count more children who
mime using knife and fork.

Nine, ten
Start again!

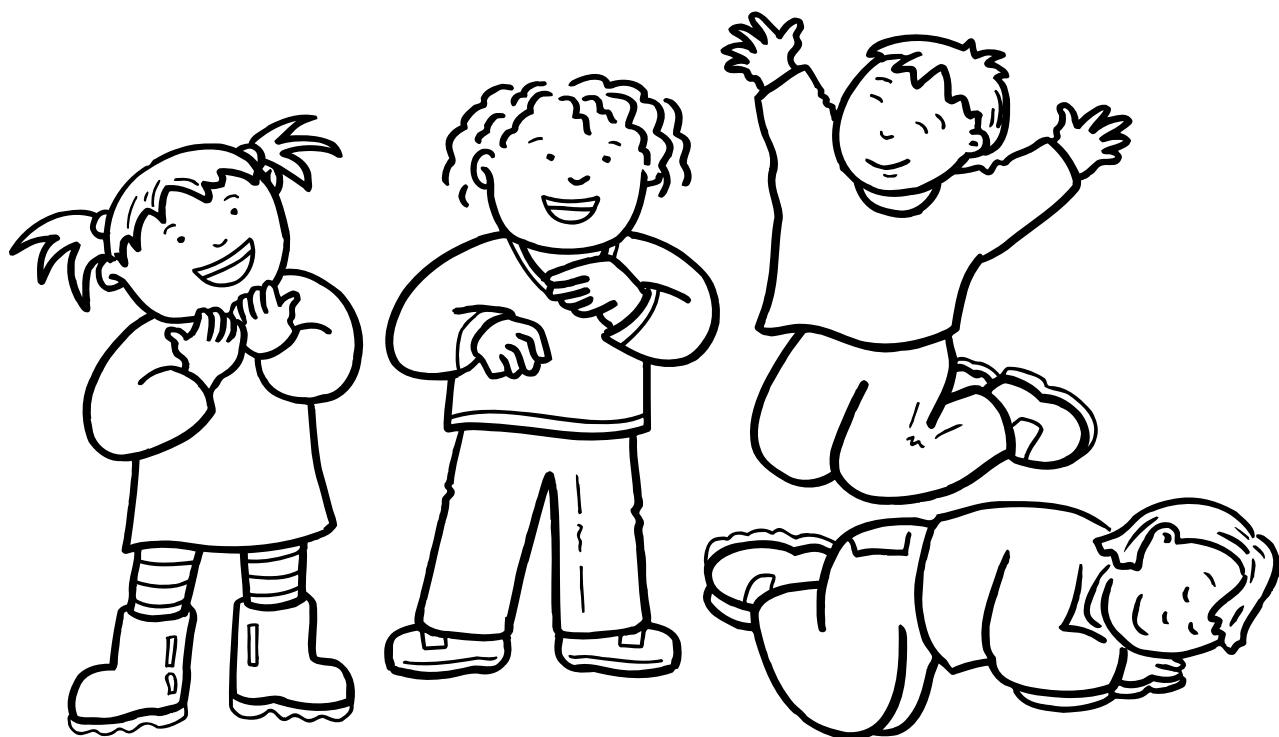
Count two more children.

One, two, three four, five!
Run and play and jump outside.

Count five children who run,
and jump, and then stop.

Six, seven, eight, nine, ten
Now it's time to rest again.

Count more children who lie
down and mime sleeping.



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