

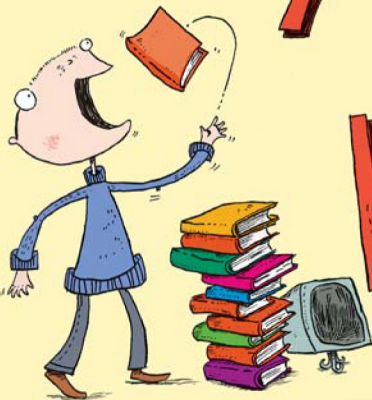


HHealth – eat well, feel well.



Emotions – when things get you down, share your worries.

Active – play games, run around, get moving.



Learn – discover more about the world we live in.



Think – treat others how you would want to be treated.



Happy – laugh – it's good for you!

You – look after yourself – you're one of a kind!

