

Recipe - Valentine's Day tarts

Follow these instructions to make jam heart-shaped tarts that are perfect for Valentine's Day



Ingredients:

Ready-made puff pastry (probably 2 boxes for a whole class)

Jam

Heart-shaped pastry cutters

Red berries (optional)

Method:

Defrost pastry as per instructions

Preheat oven to 180 C (gas mark 4)

Help children roll out the ready-made puff pastry and cut out heart shapes using the cutters

Using a finger, make a little dimple in the middle of each heart and fill with jam

Place on a lightly greased baking tray and bake for about 10 minutes

Place on a wire rack to cool

Place a couple of red berries on top of the jam (optional)

Give each child a heart to take home for mum. To make these extra special, cut a circle of florist film (try using a sandwich plate as a stencil), place heart on top and gather up sides, tying the top with ribbon