

Name

# Diary of a mountain climber

Name:  
Age:  
Nationality:

Location: (mountain, range, height climbed up the mountain so far, and so on.)

**Morning**  
Breakfast:  
Views:  
Weather:

**Lunch break**  
Height climbed since breakfast:  
Any problems?:  
Views:  
Weather:

**Make camp for the night**  
Area for tents:  
Sights, sounds and smells:  
Food and equipment:  
Feelings: