

## WORD BANK 1

What are these words in your language?

## THE TAKEAWAY



Southern fried chicken (n) (U)



bones (pl) (n)



chef (n)



corn (n) (U)



lick (v)

U = Uncountable.

approve (v)

He doesn't **approve** of what I did.

chain (n)

McDonalds and KFC are both fast food restaurant **chains**.

culture (n)

I'd like to visit Japan and learn more about Japanese **culture**.

delicious (adj)

She's a great cook. Her food is **delicious**.

festival (n)

Every year our town has a **festival** when everybody celebrates.

ingredient (n)

Some of the **ingredients** for this cake are very expensive.

rebuild (v)

The roof blew off in the storm. They had to **rebuild** it.

recipe (n)

Have you got a good **recipe** for cheesecake?

safe (n)

The money is locked in the bank **safe**.

slave (n)

In the eighteenth century millions of Africans were taken to America. They worked for no money as **slaves**.

takeaway (n)

On Friday nights, we always have a Chinese **takeaway**.

There's a Chinese **takeaway** at the end of our road.

I love **takeaway** food.

unique (adj)

The designer only made one of these dresses – it is **unique**.

# CHAPTER 1

## Surprise!

Do you like takeaway food? Which kind? Do you go to a takeaway shop or do you stay at home and order it over the phone? Many people in the UK love takeaways – they eat hundreds of millions of them every year! Some of the most popular are Indian food, Chinese food, pizzas, burgers and, of course, Southern fried chicken.

Today TV presenter Dave Berry has come to Birmingham to meet Jodie, a seventeen-year-old whose favourite takeaway is Southern fried chicken. Jodie loves fried chicken, although she doesn't like the pieces with bones!

Dave is at Jodie's usual takeaway shop, Dixy Chick. He is waiting for her when she comes in to order her Southern fried chicken. When Jodie walks into the takeaway and sees Dave and the cameras, she can't believe her eyes. She is so surprised that she can't stop laughing.

'You love a little bit of Southern fried chicken, don't you?' asks Dave. 'Now I've got some questions for you. Is that OK?'



'Yes ...' Jodie sounds nervous. She still isn't sure what's happening! 'Where does modern fried chicken come from?' asks Dave.

'It's in Southern America, isn't it? Like Cajun food?' answers Jodie. She's almost right. 'It was introduced to the United States by African-American slaves,' Dave tells her. 'The name for this kind of food is soul food. So where is the home of soul food?'

Jodie's not sure. 'Is it Orleans or somewhere?' she guesses. Again, she's almost right – the city is *New Orleans*.

'Jodie, that's amazing!' Dave tells her and he gives her the takeaway.

When Jodie opens the box, there isn't any food inside. There's something much better. It's a plane ticket to New Orleans! Dave tells Jodie that she has three days to learn all about Southern fried chicken. But that's not all. She also has to learn how to make *real* Southern fried chicken. At the end of her trip she will make the dish for a famous soul food chef.

Jodie is so excited. 'I love soul food,' she tells the camera. 'It's the best food ever! I can't wait!'

## SOUL FOOD

The name 'soul food' became popular in the USA in the 1960s, but soul food recipes are much older than that. They were first cooked by African-American slaves in the south of the USA. Slaves were often given the food that their owners did not want. But the slaves made delicious dishes from these ingredients. Recipes include greens (vegetable leaves), chitterlings (which are made from a pig's stomach) and cornbread.



\* Conversational Language. See page 48.

At the start of her adventure, Jodie flies across the Atlantic Ocean to New Orleans in the state of Louisiana. New Orleans faced many problems after Hurricane Katrina in 2005. Now the people have begun to rebuild their city and Jodie is arriving just as the city's famous Mardi Gras\* festival begins. At the heart of this celebration is good food, and one of the most popular dishes is fried chicken.



A cool VW camper van picks Jodie up from New Orleans airport. She sits in the back and looks out. She has never been to America before. New Orleans has a real mix of people and cultures. Over hundreds of years, people from many different countries have come to live in New Orleans – French, Spanish, African, Cajun, Haitian. It's a unique and exciting place!

Jodie is on her way to meet Nora, a soul food chef who has taught people all around the world how to make Southern fried chicken. Over the next three days, she's going to teach Jodie everything that she knows about the dish.

Nora welcomes Jodie with a big smile. She has a phone in her hand. 'You've got a message from Dave,' she tells her. 'You're just so popular!' On the screen Jodie can see Dave in her house back in Birmingham.

\* For more information on Mardi Gras, see page 42.

'He's in my living room!' Jodie laughs.

Dave explains what he wants Jodie to do. She has to go into town and bring back an example of good Southern fried chicken. It's Jodie's favourite food, but will she know the real thing?



Jodie begins her search on foot. The streets with their wooden houses are very different from Birmingham. Of course, this is Jodie's first time in New Orleans and she doesn't know her way around. She decides to ask someone on the street.

'Excuse me, do you know where I can get some good Southern fried chicken?' Jodie asks.

'How about Popeyes right there?' the man says. He points to a restaurant on the street corner. Jodie goes in and orders some chicken.

'I hope Nora approves,' Jodie says to herself as she walks back to Nora's house with her takeaway.

But Nora doesn't approve. 'This is not real Southern fried chicken from Louisiana,' she tells Jodie. Nora explains that Popeyes is a national chain of fast food restaurants. You can find one almost anywhere in the USA. It is popular fast food, but not soul food.

Jodie starts her search again. She asks everybody that she sees. They are all happy to talk and give their opinion. One man says that

## 'FINGER-LICKING GOOD!'

In the USA, Popeyes is one of the largest chains of fried chicken fast food restaurants. Of course, KFC – Kentucky Fried Chicken – is the largest, both in the USA and in the world.

Colonel Harland Sanders started selling fried chicken in Kentucky in 1930. Over the years he tried different ways of cooking the chicken until he found his perfect recipe. In 1952, his first Kentucky Fried Chicken restaurant opened and soon became a successful chain. Sanders sold the company in 1964 but his face still appears on KFC restaurants all around the world.

Colonel Sanders' recipe for fried chicken is one of the most famous secrets in the food business. Sanders wrote the recipe in pencil on a piece of paper. This paper is now locked in the company safe!

For many years KFC sold its food with the words 'finger-licking good'. Try eating fried chicken without licking your fingers – and you'll see why!



Nora is pleased. 'It's *almost* what we're looking for,' she tells Jodie. 'But I'm going to take you back to where it all started. We're going to make some real Southern fried chicken.'

 **Now watch Clips 2 and 3 and answer the questions on pages 14–15.**

his mum's fried chicken is the best! At last somebody suggests a local restaurant: McHardy's Fried Chicken.

Jodie has walked two miles when she finally reaches McHardy's. It's a smaller restaurant and not part of any national chain. Jodie is feeling more confident when she brings the food to Nora. Nora opens the box and tastes the chicken.

 CLIP 2



1 Watch the clip and answer the questions.

- a) How does Dave surprise Jodie?
- b) What is Jodie wearing?
- c) Does she get the answers to the questions right?
- d) Where does she find her ticket?

2 Make sentences.

- |  |                                |
|--|--------------------------------|
| a) Jodie is from                         | i) Louisiana.                  |
| b) Southern fried chicken is a kind of   | ii) New Orleans.               |
| c) It was first cooked by                | iii) Birmingham.               |
| d) The home of Southern fried chicken is | iv) Mardi Gras.                |
| e) Jodie is going to the state of        | v) bad hurricane.              |
| f) She is arriving at the start of       | vi) VW camper van.             |
| g) In 2005 there was a                   | vii) soul food.                |
| h) In New Orleans, Jodie travels in a    | viii) African-American slaves. |

3 Did you know the answers to Dave's questions about Southern fried chicken?

 CLIP 3



1 Watch the clip. Are these sentences true or false?

- |  | True                     | False                    |
|--|--------------------------|--------------------------|
| a) Nora lives in New Orleans.                              | <input type="checkbox"/> | <input type="checkbox"/> |
| b) Nora teaches people how to make Southern fried chicken. | <input type="checkbox"/> | <input type="checkbox"/> |
| c) Dave is in New Orleans too.                             | <input type="checkbox"/> | <input type="checkbox"/> |
| d) Popeyes is a fast food chain.                           | <input type="checkbox"/> | <input type="checkbox"/> |
| e) Nora eats the chicken from Popeyes.                     | <input type="checkbox"/> | <input type="checkbox"/> |
| f) Jodie asks one or two people where to buy good chicken. | <input type="checkbox"/> | <input type="checkbox"/> |

2 How much do you remember? Answer the questions, then watch the clip again and check your answers.

- a) In his message, what does Dave ask Jodie to do?
- b) What does Jodie think of the people of New Orleans?
- c) Describe the restaurant where Jodie buys the first box of chicken.
- d) What does Nora think of Jodie's second box of chicken?

3 How different does New Orleans look from your town or city?